



Charitable Trust
Idhayangal

Changing lives of poor children with type 1 diabetes positively forever

"A small act of
kindness is more
powerful than a thousand
heads in prayer"
**"EXPERIENCE THE
JOY OF GIVING"**



ANNUAL REPORT - 2025

IDHAYANGAL CHARITABLE TRUST



1. 8 YEARS OF IDHAYANGAL'S ACHIEVEMENTS

- ◆ 3600 underprivileged children with Type 1 diabetes supported irrespective of caste, creed, religion, or state pan-India
- ◆ 2.1 lach high-quality insulin cartridges supported
- ◆ 3600 glucometers and 43 lacs glucose strips supported

- ◆ 275 children on life changing insulin pumps along with 30,000 insulin pump consumables, all free of cost
- ◆ 20 lacs 4 mm ultrafine needles provided
- ◆ 800 fridges supported for cold chain storage of insulins pan-India
- ◆ College education for 100 underprivileged girls with Type 1 diabetes
- ◆ Free consultations to all trust children
- ◆ 20 Medical College hospitals supported in Tamil Nadu
- ◆ 8 Centres of Excellence in T1D established across Tamil Nadu with NHM partnership
- ◆ 8 States supported including TN, Kerala, Karnataka, Andhra, Bihar, Assam, Delhi NCR, Haryana
- ◆ 24/7 telephone support to all children
- ◆ > 90% reductions in DKA admissions and mortality
- ◆ Lobbying State & Central Governments to improve the T1 diabetes scenario
- ◆ Active research into the cause of Type 1 diabetes with a scientific MOU with IIT Madras
- ◆ Make-in-India indigenous advanced diabetes technologies innovations
- ◆ Exploring novel implantable bio-artificial pancreas through scientific MoU with Sastra University, Thanjavur
- ◆ Setting up of a Bio-bank to understand novel research aspects of T1D
- ◆ Comprehensive avoidable blindness programme and Kidney failure prevention through state-of-art mobile diabetes van screening
- ◆ Hba1c reduction 2.5 to 3% across state



Chennai Egmore Children's Hospital (ICH)



Salem Mohan Kumaramangalam Medical College Hospital



Thanjavur Raja Mirasdar Hospital



Trichy Government Medical College Hospital



Namakkal Medical College Hospital



Theni Medical College Hospital

2. OUR CENTRES OF EXCELLENCE: T1D SPECIALIZED CARE CENTRES

- ◆ Visionary first-of-its kind Type 1 diabetes specialized care centre in association with National Health Mission Tamil Nadu inaugurated at Eight districts
- ◆ Each Centre equipped with advanced Point-of-Care testing equipment for HbA1c, creatinine, urea, uric acid, Cystatin C, TSH, Haemoglobin along with advanced AI enabled retinal camera with a dedicated Idhayangal appointed Diabetes Educator on-site.
- ◆ World class investigations and treatment with best analogue insulins in pens, glucometers, glucose strips, sensors, pain free needles, insulin pumps and 24*7 support at our children and their family's doorstep in major Government Medical College Hospitals from Chennai to Kanyakumari
- ◆ Video-conferencing with Main Centre at Coimbatore
- ◆ Training the Trainers educating post-graduate doctors in our Centres
- ◆ More than 90% reductions in admissions with Diabetic emergencies along with zero blindness and kidney failure
- ◆ More centres to be planned for 2026 covering the entire State
- ◆ No single poor child with T1D will suffer for want of best treatment to lead happy healthy productive lives across every nook and corner of Tamil Nadu State

3. IMMEASURABLE JOYS OF 2025

- ◆ Joy of parents to see children recover from jaws of death
- ◆ Hope in mothers eyes that their child too can have a life
- ◆ Young children parting with their savings for other children
- ◆ Pride on our Type 1 diabetes mothers after delivery
- ◆ Trust children joining Medicine & STEM disciplines
- ◆ Mothers wanting their lives to be transferred to Idhayangal Team

4. PLANS FOR 2026

- ◆ 4000 children support by end of 2026
- ◆ More Centres of Excellence in T1D across Tamil Nadu State providing state-of-art evidence-based service to every single poor child
- ◆ Extend support to underprivileged children pan-India
- ◆ Huge focus on T1D research to understand the pathogenesis behind explosion of T1D in India
- ◆ Indigenous Make-in-India advanced diabetes technologies affordable to the most underprivileged.
- ◆ Bio-bank at ICT for advanced research
- ◆ Idhayangal Mobile App for all our underprivileged children
- ◆ Improve glycaemic control to aim for a mean HbA1c < 8 %

நீதி சீகருந்தவர் பொருகலை தாரீர்..!

நீதி குறைந்தவர் காசுகள் தாரீர்..!

அதுவருநீரார் உயிச் சொல் அருளீர்..!



IMMENSE THANKS TO OUR CORPORATE DONORS 2025

GD CHARITIES, COIMBATORE

RASI SEEDS, COIMBATORE

AZIM PREMJI FOUNDATION

ASHRAYA HASTHA TRUST

ZF WINDPOWER, COIMBATORE

ROOTS INDUSTRIES, COIMBATORE

GKD CHARITY TRUST, COIMBATORE

PROPEL INDUSTRIES, COIMBATORE

BROOKEFIELDS, COIMBATORE

SP APPARELS, COIMBATORE

BANNARI SPINNING MILLS LIMITED, COIMBATORE

MESSER CUTTING SYSTEMS, COIMBATORE

KOB TEXTILES

MEHER EIRA CHARITABLE TRUST, COIMBATORE

AMBIKA COTTON MILL, COIMBATORE

JACQUARD FABRICS, COIMBATORE

CRI PUMPS COIMBATORE

SUPERTECK INDUSTRIES, COIMBATORE

AUGUSTAN KNITWEAR, COIMBATORE

MARKS ENGINEERING, COIMBATORE

THE RAJARATNA MILLS, COIMBATORE

AVANEETHA TEXTILES, COIMBATORE

SUCHEL ENTERPRISES, COIMBATORE

PRESSMATIC ENGINEERS, COIMBATORE

TRIDENT PNEUMATICS, COIMBATORE

REPOSE MATTRESS, COIMBATORE

POPPYS KNITWEAR, TIRUPPUR

EASTMAN EXPORTS, TIRUPPUR

SRI LAKHOSA POLYMERS, TIRUPPUR

GMS PROCESSORS, TIRUPPUR THRIVENI FOUNDATION, SALEM

SRIPATHY ASSOCIATES, ERODE

CITY UNION BANK, KUMBAKONAM

SASTRA UNIVERSITY, TANJORE
REPCO HOME FINANCE LIMITED, CHENNAI
TEXBIOSCIENCES, CHENNAI
ECOPROTECTION ENGINEERS, CHENNAI
MULTIVISTA, CHENNAI
BPCL, CHENNAI
CHOLA MS GENERAL INSURANCE, CHENNAI
INDIAN MOTOR PARTS AND ACCESSORIES, CHENNAI
KCP LIMITED, CHENNAI
FOURRTS INDIA, CHENNAI
AHP GARMENTS, BENGALURU
SHAHI EXPORTS, BENGALURU
HAPPIEST MINDS, BENGALURU
KOTE FOUNDATION, BENGALURU
SHANKARA BUILDING PRODUCTS, BENGALURU
ROLLS-ROYCE, DELHI
PPHF, DELHI
BRAHMOS AEROSPACE, DELHI
MUKUL MADHAV FOUNDATION, PUNE
MEDTRONIC INDIA, MUMBAI
MAK CONTROLS AND SYSTEMS PVT LTD
KEYARAM DEVELOPERS & HOTELS
TVS MOTOR COMPANY LIMITED
ACSEN AGRISCIENCE PVT LTD
YUGAL CHIT FUND AND TRADING CO PVT LTD
PHA APPAREL PVT LTD
PSR SILKS SAREES INDIA PVT LTD

IMMENSE THANKS TO ALL OUR OTHER DONORS 2025

MAHA AVATAR TRUST
UPASANA ESTATES AND COMMUNITIES LLP
SHELLTEC ENGG ANCILLARIES INDIA PVT LTD
FAMOUS KNIT
MARTIN CHARITABLE TRUST

IMMENSE THANKS TO OUR INTERNATIONAL PARTNERS!

LIFE FOR A CHILD, AUSTRALIA

ROTARY INTERNATIONAL

ROTARY PARTNERS ACROSS USA

THANKS TO ALL ROTARIES & INNER WHEEL CLUBS!

DISTRICT GOVERNOR AKS.Rtn.N. SUNDHRAVADIVELU RD3201

ROTARY CLUB OF COIMBATORE GAALAXY

ROTARY METROPOLIS

ROTARY E-CLUB OF METRODYNAMIX

ROTARY CLUB OF IKON, COIMBATORE

ALL COIMBATORE, TIRUPPUR, SALEM, ERODE

INNER WHEEL CLUB OF COIMBATORE WEST

SPECIAL THANKS TO VISION GROUP!

Last But Not The Least, The Idhayangal Family

Heartfelt Thanks Every Single Donor And Well-wisher!

NO CONTRIBUTION IS SMALL WITH TIME, THOUGHTS AND FUNDS

CONTACT

Dr Krishnan Swaminathan, MD PhD FRCP

Managing Trustee, Idhayangal Charitable Trust,

Coimbatore-641 048. Ph: 9042858882(WA)

Email: idhayangalcharity@gmail.com

Website: www.idhayangal.org